

## HMECU Participates in the Around the Bay Race 5K!



Hamilton's Around the Bay Road Race is the oldest on the continent, first run in 1894, three years before the Boston Marathon. They have since partnered with St. Joseph's Healthcare Foundation to raise funds to be invested in critical research and equipment for the hospital.

2016 marks the sixth year HMECU has had the pleasure of participating in the race and fundraising for St. Joseph's Healthcare Foundation. This year Team HMECU raised over \$1500 for the cause!

With 16 participants on our team this year, we look forward to growing Team HMECU next year and continue to increase fundraising efforts.

HMECU believes in supporting what is important to our members. We will continue to look for opportunities to support our membership and give back to the community whenever possible.